



# BETTER YOU HEALTH SCREENING

Florida Blue   
BetterYou 

- Free, voluntary health screenings for cholesterol, diabetes, blood pressure and more— with immediate results!
- Tips on health related topics such as nutrition, diet and fitness.
- Valuable information to help you maximize your health benefits.
- Experts on site to answer your health questions.

Presented by Florida Blue and South Florida State College

Date: October 6, 2017  
9 am - 2 pm

Place: University Center-Entrance 1  
600 W. College Drive  
Avon Park, FL 33825

Contact: Robin Southwell  
863-784-7248  
Robin.Southwell@southflorida.edu

Please, Make Your Appointment! Appointment Maker Link Below Will Close 2 Business Days Before the Event

<https://pickatime.com/SouthFloridaStateCollegeHealthFairSched>

Fasting for two hours prior to the health screening is recommended, NOT required.